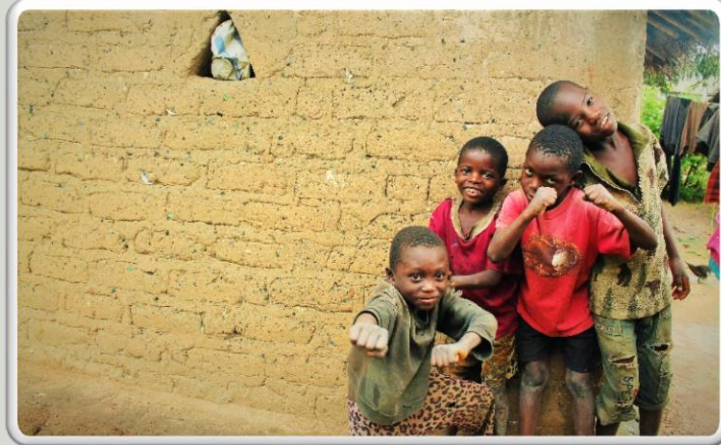


# Arise Orphan Project &

# Kapumpe Christian Primary School



*Visiting children in the community*

## The Arise Orphan Project

### **Youth Club**

This term has seen an addition to our Arise programme – the start of a weekly youth club. Children in the project from Grade 3 to Grade 9 are invited to spend Thursday afternoon at the school grounds and can bring their friends from the local community. The afternoon begins with a lunch of peanut butter sandwiches and bananas before the children choose activities such as football, frisbee, reading books or painting nails. Towards the end of the session everyone gathers together to hear a short encouragement from the Bible and to sing songs of praise and worship led by some of the youth. The purpose of the club is to give the children a safe space where they can have fun and build relationships with each other and the Arise team.

### **Scholarship Scheme**

Many Arise children would like to have the opportunity to attend college once they have completed Grade 12, to equip them to seek skilled employment. College fees are significantly higher than school fees which makes it difficult for them to access further education.

This year we have started a new scheme which allows Arise students who have been offered a place at college to apply for a scholarship. The process will involve completing an application form and attending an interview to determine their suitability and commitment.

The number of college students that Arise can support is determined by the sponsorship that is received. If you are interested in sponsoring a college student please email us at [arise@kaniki.dk](mailto:arise@kaniki.dk).



*Playing Rounders at Arise Youth Club*



## Training for Guardians

Part of the vision of Arise is to empower guardians so that they are able to support the orphans and vulnerable children they look after. We support them practically, emotionally and spiritually. The Arise team visits families in the community and guardians are invited to a weekly bible study group, to participate in our Foundations for Farming project and to discuss individual needs at the office.

Recently we have introduced some training related to health education. Rhi Cross, an Occupational Therapist from the UK, came to volunteer with Arise for five months and used her skills in healthcare to lead the training alongside our Zambian volunteers.

Many of our guardians are elderly and suffer from sore backs and legs due to the amount of physical work they do. It is also very common for people to have high blood pressure or diabetes because of the high content of oil, sugar and salt in their diet.

Rhi led training sessions on how to look after backs and knees, including exercises that the guardians could do at home. She also taught them how to cook more healthily, taking into account the limited foods that the guardians have available. They finished with a 'Masterchef' style competition where the guardians were challenged to cook the tastiest food using the smallest amount of oil and salt. A winner was crowned and everyone enjoyed eating the meals they created together.

Our Zambian volunteers have since repeated each of these popular training sessions to give the guardians an opportunity to consolidate their learning. If you would like to read more about this, please click on the link:

[www.fromkanikiwithlove.blogspot.co.uk/2016/07/masterchef-zambian-style.html](http://www.fromkanikiwithlove.blogspot.co.uk/2016/07/masterchef-zambian-style.html)



*Arise guardians learning how to cook more healthily*

## Kapumpe Christian Primary School

### The growth of the school

This term has been a key time of growth for Kapumpe School, both children and staff. When Tim and Gemma Mills, who set up the school, returned to the UK in April, a link was established with the charity Beyond Ourselves Zambia (BOZ): [www.beyondourselves.co.uk](http://www.beyondourselves.co.uk).

BOZ works with community schools in Zambia to empower staff in leading their schools effectively. Two members of the BOZ team have spent a day a week at Kapumpe, assisting with strategic support for Ellie the Headteacher, and professional development for teachers Rosie and Fatima. Their support has been invaluable and has helped to develop the structure and strength of the team.

Teaching staff have been busy developing topic work for their classes based on the Zambian curriculum. Ellie carried out lesson observations and was delighted with the quality of lessons that she observed. Staff have also had the opportunity to observe each other teaching to support their own professional development. Performance management appraisal meetings have allowed staff to celebrate their achievements and plan for the next steps in their professional journey.

One of our Zambian teachers has begun a three year course during the holidays that will enable him to convert his teaching diploma into a degree.



*Parent/Guardian meetings at Kapumpe*



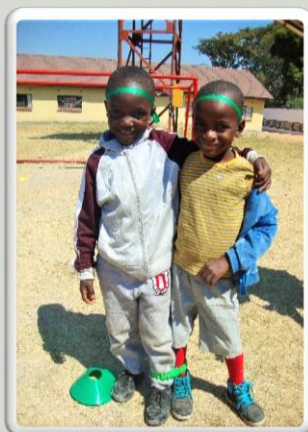
## School Improvement Plan

This term has seen the introduction of a school improvement plan. These are the key objectives Kapumpe staff are working on this academic year:

- *To develop schemes of work for English and Bemba and teaching strategies to improve the standard of literacy across the school.*
- *To set up and run nurture groups which will empower vulnerable children to manage their own behaviour and interact appropriately to others.*
- *To promote the well-being of staff.*
- *To have clear and sustainable systems in place that will promote professionalism and effective leadership.*
- *To develop understanding of the finance system and ensure finances are sustainable.*



*Superhero craft in Grade 2 led by the Hope Church Team*



*Three-legged race at Sports Day*

## Prayer Points

1. The registration of the school – we have made significant steps forward this term and are waiting to hear from the Ministry of Education in Zambia that the process is complete.
2. Charity, one of our Arise guardians who is bed-bound, has been able to receive some support from a hospice in Ndola. Pray that her condition improves and that other guardians will be able to help out and care for her.
3. The microloan scheme that we are planning to start in September. This will provide a group of Arise guardians with a loan and training in order to start a business.
4. For peace in Zambia after the elections.

## Hope Church Team

Arise and Kapumpe were delighted to receive visitors from Hope Church in Winchester, UK, who came from 28<sup>th</sup> July until 7<sup>th</sup> August 2016.

They helped to run a sale for Arise guardians and other members of the community. The clothes, shoes and household items sold raised nearly £600 towards the work of Arise.

It was all hands on deck on Friday 5<sup>th</sup> August when Kapumpe hosted a school sports day. All the children and staff were great competitors and thoroughly enjoyed the day, organised so well by Naomi.

The team also helped to paint the spare classroom ready for use next academic year, run some craft activities, listen to children read and help them with their school work.

Term 2 at Kapumpe finished on 10<sup>th</sup> August before Zambia's presidential elections on 11<sup>th</sup> August. School re-opens on 12<sup>th</sup> September. The Arise Orphan Project continues to run all year round.

Thank you for reading our update on the work at Arise and Kapumpe. If you have any questions or would like to further support us in any way, please do not hesitate to get in touch.

You can e-mail us at [arise@kaniki.dk](mailto:arise@kaniki.dk)

If you would like to make a donation to support our work, please visit [www.kaniki.org/support](http://www.kaniki.org/support) and click the link to 'BT My Donate: Kaniki Orphans Project'.

You can also visit our Facebook pages:  
<https://www.facebook.com/KanikiOrphansProject>  
<https://www.facebook.com/KapumpeChristianPrimarySchool>